



We're
Going on a
Picnic

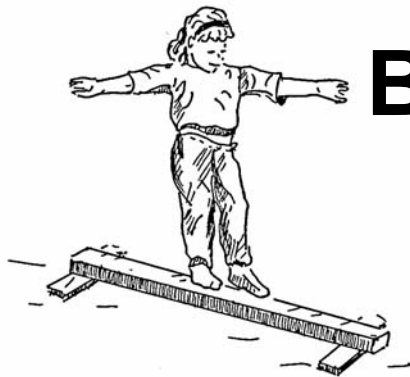
By
Pat Hutchins



Books and Movement – A Magical Mix

Ask Mr.
Bear

By
Marjorie Flack

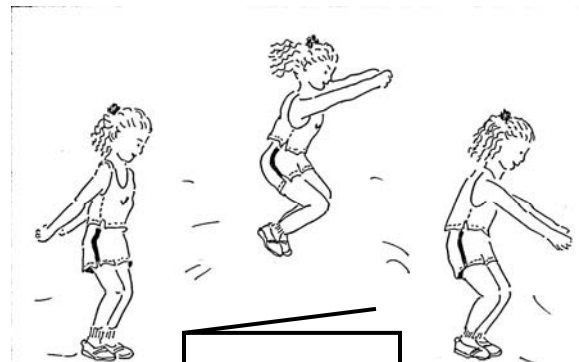


B.A.M.M.M.!

February 2006
I Can Dance Colors

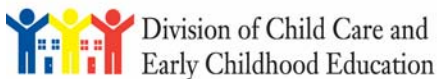
Silly Sally

By
Audrey Wood



Jump, Frog,
Jump!

By
Robert Kalan




B.A.M.M.M.!
Books and Movement – A Magical Mix

Learning Activity #1 <i>August 2005</i>	I Can Move My Body in Many Ways	Book: <i>From Head to Toe</i> By Eric Carle
Learning Activity #2 September 2005	I Can Dance	Book: <i>Giraffes Can't Dance</i> By Giles Andreae Illustrated by Guy Parker-Rees
Learning Activity #3 <i>October 2005</i>	I Can Walk	Book: <i>We're Going on a Picnic</i> By Pat Hutchins
Learning Activity #4 November 2005	I Can Run	Book: <i>The Gingerbread Man</i> Retold by Jim Aylesworth Illustrated by Barbara McClintock
Learning Activity #5 <i>December 2005</i>	I Can Crawl	Book: <i>Inch by Inch</i> By Leo Lionni
Learning Activity #6 <i>January 2006</i>	I Can Balance	Book: <i>Silly Sally</i> By Audrey Wood
Learning Activity #7 <i>February 2006</i>	I Can Dance Colors	Book: <i>Color Dance</i> By Ann Jonas
Learning Activity #8 March 2006	I Can Bounce	Book: <i>Bouncing Time</i> By Patricia Hubbell Illustrated by Melissa Sweet
Learning Activity #9 April 2006	I Can Play Sticks	Book: <i>Thump, Thump, Rat-a-Tat-Tat</i> By Gene Baer Illustrated by Lois Ehlert
Learning Activity #10 <i>May 2006</i>	I Can Jump!	Book: <i>Jump, Frog, Jump!</i> By Robert Kalan
Learning Activity #11 June 2006	I Can Travel Through an Obstacle Course	Book: <i>We're Going on a Bear Hunt</i> By Michael Rosen Illustrated by Helen Oxenbury
Learning Activity #12 <i>July 2006</i>	I Can Travel in Many Ways	Book: <i>Ask Mr. Bear</i> By Marjorie Flack

Learning Activity #7 – I Can Dance Colors

Book: *Color Dance* by Ann Jonas

Benchmarks	<p>3.1 Shows enjoyment of books and stories and discussion of them</p> <p>3.10 Classifies objects by physical features such as shape or color</p> <p>3.23 Shows an awareness of cause-effect relationships</p> <p>4.5 Coordinates eye and hand movements to complete tasks</p> <p>4.10 Throws, kicks, bounces, and catches</p>
Manipulative Skills	<ul style="list-style-type: none"> ➤ Throwing ➤ Catching
You will need:	<ul style="list-style-type: none"> ✓ Book: <i>Color Dance</i> by Ann Jonas ✓ Play dough – Make two batches of play dough. Color one batch with red food coloring and one with yellow. ✓ Scarves of different colors (solid colors rather than patterned) stored in a basket
Introduce the Activity	<ul style="list-style-type: none"> • Give each child two small play dough balls, one red and one yellow. • Ask children to name the two colors of play dough they are holding. • Allow children to mix the two colors of play dough. • Observe and listen to their comments as they create “orange” play dough. • Ask children to recall the two colors they started with and the color they now have. • Explain that they will have more opportunities to experience mixing colors at a later time.
Present the Story	<ul style="list-style-type: none"> • Prepare to read the book, <i>Color Dance</i>. • Recall with children what just happened when they mixed two colors of play dough together. • Show the cover, give title and author. (Explain that author is person who writes the book) • Ask children to identify the colors they see on the cover. • Ask children to look closely at what is happening when colors on the cover overlap. If children need prompting, call attention to color overlap in title and in scarves. • Read book with children sitting so all can see the pictures. • Read the story slowly, allowing children to absorb and comment about what is happening. • Review the story by asking children to recall the three colors that were introduced at the beginning of the story as you show them the first two pages with red, blue and yellow.

	<ul style="list-style-type: none"> • Ask children to recall some of the colors that were created as red, blue and yellow are mixed. Show them the pages on which orange, green and purple are created. • Name and show some of the colors that may be unfamiliar to children. • Suggest that children look at their own clothing and name some of the colors they see.
<p>Extend the Story</p>	<ul style="list-style-type: none"> • Explain to children that they will now have an opportunity to throw and catch scarves of different colors. • Invite two children at a time to select a scarf from the basket and name the color of scarf they chose. • Ask children to hold hands and form a circle, then drop hands and take two steps back. • Demonstrate and explain throwing and catching a scarf. <i>"Hold the scarf in your hand and down to your side."</i> <i>"With an underhand motion, raise your arm and throw the scarf into the air."</i> <i>"Throw hard so your scarf goes high."</i> <i>"Now reach out and catch the scarf."</i> • Allow children to practice throwing and catching scarves. • Assist children who may be having difficulty throwing the scarf. • Ask children, two at a time, to return scarves to the basket. 

<p>Conclude the Session</p>	<ul style="list-style-type: none"> Lead the children in a finger play <p><i>First we had play dough that was yellow,</i> (Hold out and cup your right hand) <i>Then we had play dough that was red.</i> (Hold out and cup your left hand) <i>Then we mixed them together,</i> (Bring 2 hands together in mixing motion) <i>Now we have orange play dough instead.</i> (Hands together, palms up)</p>
<p>Try these additional activities</p>	<p style="text-align: center;">Dancing With Scarves</p> <ul style="list-style-type: none"> Reread the story, <i>Color Dance</i>, with the children. Call attention to the movements of the dancers in the story. Explain to children that they will now have an opportunity to create their own color dance. Allow two children at a time to select a scarf from the basket. Remind children that, as they dance, they are to stay in their own space. (Move without touching others) Play a classical piece of music such as a waltz. Join children as they dance around the room. Observe to see if they attempt to put two colors of scarves together to make a third color. <p>Activities with Scarves or Ribbon Sticks</p> <p>Provide each child with either a scarf or a ribbon stick for these activities. If ribbon sticks are used, make sure children understand they need to avoid hitting others with the ribbon.</p> <p style="text-align: center;">Be Windshield Wipers</p> <ul style="list-style-type: none"> <i>"Hold scarf by one corner and move it in front of your body from right to left, back and forth, like a windshield wiper."</i> <p style="text-align: center;">Make Circles</p> <ul style="list-style-type: none"> <i>"Move the scarf in a large circle in front of your body."</i> <i>"Move the scarf in a large circle at your side."</i> <i>"Move the scarf in a circle over your head."</i> <p style="text-align: center;">Sweep the Floor</p> <ul style="list-style-type: none"> <i>"Move the scarf back and forth as though you were sweeping the floor."</i> <p style="text-align: center;">Wave the Flag</p> <ul style="list-style-type: none"> Play march music such as "Yankee Doodle" while children march around the room waving a scarf in the air like a flag.

	<p style="text-align: center;">Wheels on the Bus</p> <p>Sing “Wheels on the Bus” and use scarves or ribbon sticks to incorporate movement into the song. For example, move scarf from right to left, back and forth, for “wipers on the bus”, make circles for “wheels on the bus”, and move scarf up and down for “people on the bus go up and down.”</p> <p>Bean Bag Toss and Catch</p> <ul style="list-style-type: none"> • You will need the Bean Bag Activities CD or Cassette by Kimbo, a CD or tape player and a bean bag for each child. Song: “Make Friends with Your Bean Bag” • Ask two children at a time to select a bean bag from the container. • Have children join hands and form a circle, drop hands and move back two steps. • Explain to children that they will be tossing their bean bags in the air and catching their own bean bags. They are to toss not too high, not too hard, and not to anyone else. • Allow children time to practice tossing and catching so they will understand limits on height, velocity, and to toss and catch their own bean bag. • Play “Make Friends with Your Bean Bag” and participate with children. • Ask two children at a time to return their bean bags to the container. <p>Enrich the Environment</p> <p style="text-align: center;">Home Living Center</p> <ul style="list-style-type: none"> • Add scarves, large pieces of sheer fabric in different colors and ballet slippers. <p style="text-align: center;">Music Center</p> <ul style="list-style-type: none"> • Add scarves and a classical CD or tape with music that invites dancing with scarves. <p style="text-align: center;">Art Center</p> <ul style="list-style-type: none"> • Add one-inch squares of tissue paper of different colors to the collection of collage materials. • Add specialty color packs of crayons that include more than the classic or standard eight and twelve pack colors. Tropical colors and fluorescent colors are two examples. • Give children two colors of finger paints such as red and yellow, blue and yellow, or blue and red. Observe the children and listen to their comments as they combine the colors and create new colors. • Place only blue and yellow tempera paint at the easel. Allow the children to experiment with the two colors. Observe the children and listen to their comments as they combine the
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two colors and discover green. After a couple of days, change the colors to yellow and red, then to red and blue.

Science and Discovery Center

Color Paddles and Cellophane

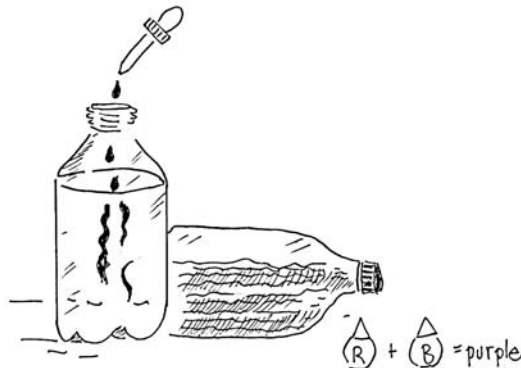
- Place teacher made or purchased color paddles and sheets of colored cellophane on the science/discovery table
- Allow the children to experiment with the color paddles and colored cellophane and discover different color combinations.

Mixing Colors in a Tube

- Plan this activity as a guided activity which you will facilitate with a small group of children (3 to 5).
- Use a piece of clear plastic tubing that is at least ½ inch in diameter and from 24" to 30" in length.
- Put a cork in one end of the tube.
- Allow children to help you fill the tube with water and add a few drops of red food coloring. Cork the other end of the tube.
- Remove the cork from the opposite end and let children help you add a few drops of yellow food coloring. Replace the cork.
- Guide the children to take turns wiggling the tube or turning it end over end until the color from each end works to the center, mixes, and creates orange.
- Experiment with mixing of other colors.

Mixing Colors in a Bottle

- Plan this activity as a guided activity which you will facilitate with a small group of children (3 to 5).
- Let the children help you fill liter size plastic bottles with water.
- Invite children to drop a few drops of blue food coloring into the bottle. Cap the bottle well.



	<ul style="list-style-type: none"> • Allow the children to roll the bottle back and forth across the table and watch the color diffuse through the water. • Uncap the bottle and invite children to drop a few drops of red food coloring into the bottle. Cap the bottle well and allow the children to repeat the rolling process and watch the creation of a new color – purple. • Involve the children in experimenting with the mixing of other colors.
Additional Books	<ul style="list-style-type: none"> ❑ <i>Little Blue and Little Yellow</i> by Leo Lionni ❑ <i>Mouse Paint</i> by Ellen Stoll Walsh
Resources	<ul style="list-style-type: none"> ✓ Bean Bag Activities CD or Cassette by Kimbo, scarves, bean bags, ribbon sticks and color paddles can be ordered from school supply catalogs ✓ Directions for making ribbon sticks can be found in <i>Designing Preschool Movement Programs</i> by Stephen W. Sanders ✓ Musical Scarves & Activities CD or tape can be ordered from school supply catalogs

Teacher Notes:

- Children need to hear the same story read to them several times.
- Children also need frequent opportunities to repeat and practice movement activities.
- Plan to reread the book, *Color Dance* by Ann Jonas, and include a variety of the suggested movement activities.
- It is important that stories and activities be repeated with children at different times during the year.